

CREATING  
EXCEPTIONAL  
**STUDENT**  
EXPERIENCES  
by *sodexo*



***Favorite Food:***  
*Any dish my wife makes*

***Favorite Cuisine:***  
*Nigiri Sushi and Sashimi*

I was named after my father who immigrated from Ilford, England to Cleveland, Ohio in 1952 to start a life with my mother. My first name means "Advisor to the King" and my last name means "Bear" or "Rule". My wife has always told me that I was "A bear in a china shop!"

**CUSTOMER  
SERVICE**

# INTRODUCING...

**CATERING MANAGER RON BARRETT**

***Ron's Quote:***

***Mise En Place– French Culinary Term that means everything in its place, like "Ingredients."  
In order to complete a recipe you must have your Mise En Place.  
In life also, you must have your Mise En Place to be successful!***

I was born in Northridge, California and moved to Oregon in 1994. Having an Italian Mother and being the youngest of a family of six, food was an integral part of my life. We always came together for supper to discuss our day. It showed me family values, consistency, and how food can unite people. Major influences on my career were my Mom & Dad and various chef instructors that I had in College.

I went to Los Angeles Trade College and earned a certificate in Culinary Arts. I have worked as an Executive Chef in many different food service operations over my 30 year career. Including country clubs, universities, a hospital, a full service hotel, and a college.

I accepted the position at Concordia University in November 2009 as catering manager. In this position it would allow me to help educate the youth on one main subject; learning how to eat healthy. With this in mind I want to show you that vegetables can be good for you, that food when prepared at home inspires family involvement. I want to show the new youth in America that it is time to wake up and see what we are eating and learn to live longer through good nutrition. As I have grown older the saying "you are what you eat" rings true! The healthier we eat, the better we feel physically and mentally.

**sodexo**  
*Making every day a better day*